









Using a language the patient understands

How to?

Getting a feel for how to talk to one another

- Taking extra time pays off
- Simplified language
- · Non-verbal communication
- Using interpreter

OPEN

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Creating a save space based on trust and patience

How to?

I see you, I hear you and I try to understand you

- Allowing trust to be build little by little
- Exercising patience
- Kindness, empathy, respect, humor

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Respecting the patient as an expert of his own life

How to?

Creating a shared starting point by listening to the patient's story and worries

- Curiosity and learning about a patients underlying cultural background for their priorities
- Family situation?
- Acknowledging resources and other priorities

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Being courageous to think (act) out of the box

How to?

Being creative in helping the patient to move forward in life

- Tailoring interventions to the patient's reality
- Thinking/acting holistically
- Accepting a "rich & messy" process



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Engaging in self-reflection

How to?

Taking a step back and not letting harmful stereotypes affect one's judgement

- Being aware of own assumptions
 → can block the process or lead to too
 much or too little care
- Trying to put yourself in their shoes

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An organization that is ready for co-production

How to?

Sharing a consensus on what is important

- No "tokenistic gesture"
- Having structures in place
- Allocating resources



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